



THE SELF LEADERSHIP JOURNEY

- From potential to performance

“Emotions are the source of *magical transformations of the world*”

Jean-Paul Sartre

A Journey

You are invited on a journey of discovery and growth! This journey into the world of self leadership starts with a three day **Self Leadership Program** where you will:

- Realize what makes you **unique**
- Start the journey towards discovering your **purpose** and begin to unleash your **potential**
- Learn more about **Emotional Intelligence** and how to develop and apply it to transform your work, life and the world around you
- Understand that **self leadership** connects your uniqueness, purpose, potential and emotional intelligence to ensure growth

Whole Person Paradigm

The Self Leadership Program is designed from a whole person paradigm perspective, where the development of every aspect of a person, whether physical, intellectual, emotional and spiritual, plays a significant role.

Experiential Learning

Experiential learning forms an important part of The Self Leadership Program philosophy. You can teach someone the theory of playing golf, but it is only when you start playing yourself that you become a good golfer! The Self Leadership Program begins with self assessment which guides you over the three days to begin your journey of growth. Self Leadership is a journey, because change only occurs over time and the three days of the program is only the beginning. A coaching process is offered if you would like to continue and enrich your journey.

Source of Magical Transformations

Join us on the Self Leadership journey and experience that magical transformations of yourself and the world are possible.

Contact us

For more information contact:

Reflection Industrial Psychologists CC

e-mail: reflection1@mweb.co.za

Phone: 079 876 9395



The Self Leadership Program was developed by Reflection, a business that perceives their purpose to be “Unleashing People Potential”. Reflection is offering services such as coaching, self development, team development and leadership development. The Self Leadership Program contains valuable insights gained from Dr Myles Munroe, the guru on purpose, and Dr Reuven Bar-On, the guru on emotional intelligence.