

Coaching Skills Course

Introduction

Bioss SA seeks to assist client organisations to improve their performance by applying customised solutions or innovative new approaches that are designed to enable them to assess, develop and manage their people effectively in the drive to attain their strategic objectives. The technologies and methodologies used are flexible and well proven, having been used extensively in a remarkable range of organisations in terms of type, industry, and size globally.

The Bioss SA Coaching Skills course is based on the philosophy that through effective mentoring and coaching, quality thinking and conversation will emerge. This in turn facilitates quality outputs. The process, tools and techniques are designed in such a way that outputs are not seen as compiled once and then forgotten. It should be an ongoing process of deliberate conversation and sharing amongst people. The process, tools and techniques are designed to be simple as well as transferable to a variety of contexts.

Course Modules

- What is Coaching (and what coaching is not)
- The Value of Coaching
- Personal Qualities of a Successful Coach
- Appreciative Coaching - interpersonal skills
- Development and Problem Management Model
- Values and Building Blocks
- The Power of Appreciation
- The Coaching process: GROW Model
- Coaching Theories

Who Should Attend?

This course is aimed at:

- HR practitioners who need to influence, advise, and manage individual change
- OD practitioners who need to design and implement organisational development activities
- Consultants who need to support organisations with expertise to achieve operational and strategic objectives
- Managers who want to build their own ability to facilitate the development of individuals and teams to ensure sustainable growth and performance

The emphasis of the course is on practical and experiential activities through which individuals can share learning and create meaning within their own context. This course is endorsed by **COMENSA**.

"You cannot teach a man anything. You can only help him discover it within himself." - Galileo Galilei

'Building sustainable organisations through effective coaching'

For more information on the Coaching Skills Course or a free consultation please contact info@bioss.com or call 011 450 2434.