

EXECUTIVE COACHING

What is it?

Coaching can be seen as supplementary to other learning and development interventions. It is highly individual in nature and designed to assist executives to embark on a journey of personal discovery - to identify and address personal purpose, empowerment and barriers to performance and development. By asking, listening and facilitating the change of frameworks, perceptions, perspectives and views, the coach helps individuals increase their sense of ownership and accountability to optimise behavioural patterns and actively increase capacity, capability and performance - within an overall sense of personal purpose.

Coaching enables executives to unlock the passion within and ultimately unleash their true potential

Who Needs an Executive Coach?

Current and potential high performers who want to optimise their talent and potential, by lifting their personal effectiveness.

How Does it Work?

- An initial meeting of one hour is scheduled, during which the rapport between coach and client is assessed.
- If this initial meeting proves to be successful, the coach is contracted for a six-month period.
- In this time the coach and client meet for four hours per month.
- The coach is also available for one additional hour per month to assist the client telephonically.
- Following the first session, an agenda is defined and contracted between the coach and the client.
- This agenda will form the basis for the contract.
- The client will formally assess progress on the agenda, once at the end of month three, and again towards the end of the coaching contract.
- Should it be required, the coaching contract can be rolled over for an additional 6 months.

Benefits of Coaching:

- Building strategic leadership capacity, capability and skills
- Higher levels of ownership and accountability
- Improved, sustainable performance
- More effective interpersonal interactions
- Greater levels of creativity and innovation
- Accelerated personal growth and development

OTHER BIOSS SA PRODUCTS AND SERVICES:

CPA, MCPA, MCPA-SCAN, IRIS, LPA, PsyMetrics Psychometric Assessments, Gamified Assessments, ELDI 360, Assessment Centres, ORA, WRA, MWR Job Profiling, Nature of Work Reviews, Talent & Structural Analytics, Organisational Mapping, Mode Plots, Capability Balance Sheet, Competency Design, Change Management.

Additional information can be sourced by contacting the Johannesburg office on +27 (0) 11 450 2434 or emailing info@bioSS.com.

For more information on Executive Coaching or a free consultation please contact info@bioSS.com or call 011 4502434.

Contact BIOSS SA

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